



Kottakkal  
ayurveda

## VAIDYARATNAM P.S. VARIER'S ARYA VAIDYA SALA, KOTTAKKAL

In Association with  
**INDIAN INSTITUTE OF TECHNOLOGY  
PALAKKAD** **Observes**



"Ayurveda for One Health"

## NATIONAL AYURVEDA DAY

(Dhanwantari Jayanti) Friday 10<sup>th</sup> November, 2023

## GENERAL AWARENESS CLASS

Topic

## HEALTHY LIFESTYLE & LIFESTYLE DISEASES

 Friday, 10<sup>th</sup> November 2023  2 pm

Venue: Room No. 305, Samgatha, Nila Campus

Inaugural Speech

**Prof. Jagadeesh Bayry**

Dean, Student affairs

Technical Session

**Dr. Vinod K. BAMS, MD (Ayu)**

Medical Officer, AVS Factory, Kanjikode



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